

Sharing

Memory Verse: Bear one another's burdens, and in this way you will fulfill the law of Christ. Galatians 6:2

Study Plan: As a GFS member, you have often heard and said the GFS motto, "Bear Ye One Another's Burdens".

By studying this badge, you will learn how to be a better friend to others. You will also learn that the Christian community has many groups and programs to help all people.



Step 1: Two people are better than one

Leader's initials _____

Open your Bible to the book of Ecclesiastes, chapter 4, verse 9-12. Read this passage.

Two are better than one, because they have a good reward for their toil. For if they fall, one will lift up the other; but woe to one who is alone and falls and does not have another to help. Again, if two lie together, they keep warm; but how can one keep warm alone? And though one might prevail against another, two will withstand one. A threefold cord is not quickly broken.



It can be great to have a friend to call when you have a question about homework or if you are lonely. A friend can help you when you have a lot to carry or when you are going someplace new. In order to have friends, you need to be a friend. This means being ready to help your friends and listen to them.



Gather some small sticks or buy some bamboo skewers. Can break the individual sticks easily? What would happen if you tied the sticks into a bundle? Would you be able to easily break the bundle of sticks? In the same way, when friends stick together, they are stronger than ever.

What would you say if a friend called you up and said "I need help setting up for my party. Would you help me?" _____

What are some ways you could help a friend today? _____

What would you do if your friend told you to leave her alone? What would you say? _____



Do 2 of the following activities:

1. "Happy toy-Sad toy" Game Bring stuffed animals or dolls to GFS. Your leader can pretend that one toy is feeling sad. Your leader should tell what problem the "sad toy" is having. Now a few girls can have their "happy toy" say or do something to help the "sad toy" feel better. Is it easier or more difficult to be honest when the puppet is "talking for you?"



2. Braided Heart

1) Cut three strips of pretty cotton material 6" wide and 33" long



2) Fold each strip in thirds



3) Press carefully after each fold



4) Then fold strip in half and press



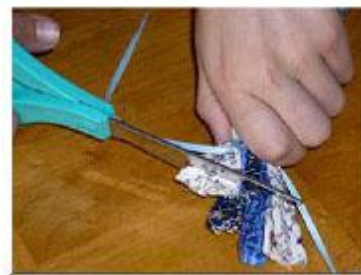
5) Ask a friend to hold the three strips of fabric together.



6) Braid the strips as tightly as possible.



7) When you get to the end, put both ends together and tie tightly.



8) Cut off the ends so they are even.



9) Twist the braided loop around so the tied ends are inside. Pinch the bottom to form a heart shape.



10) Tie the thin ribbon into a bow

3. Plan a cooking or service project to do together.
 - ❖ Decide what to make.
 - ❖ Decide who will bring each of the needed supplies.
 - ❖ Divide up the tasks to be done.
 - ❖ Take a picture of your completed project and put it in your notebook.
 - ❖ What was good about working as a team?
 - ❖ What was difficult?



Step 2: Share what you have

Leader's initials _____

There are many stories in the Bible that remind us that it is more important to share what we have than to keep more than we need.

From Luke 12:16-21

There was a rich man who had grown a good crop of food. In fact, he had grown so much food that he didn't have enough room to store it all. So the man said to himself, "I know what I will do! I will tear down my old barns and build bigger ones to keep all of my crops in." He did not think of sharing his extra food with someone else. He thought he would have enough good things stored to last for many years.

But Jesus said, "That is a foolish man. What if he dies tonight? How will he enjoy all of those things he saved for himself?"

From Exodus, Chapter 16

In the wilderness, God provided manna for the Israelites. Each morning, a fine flaky substance covered the ground. Moses told the people to collect just as much as they needed for each day. Some people collected more than they needed and tried to save it over night. When they woke up, they found that the extra



they had stored was full of worms and smelled bad.



What did the rich man decide to do when he found he had more crops than he had room for? _____

Why did Jesus call him a foolish man? _____

What happened to the Israelites who took more manna than they needed? _____

Can you remember a time when you have taken more for yourself than you really needed? _____

What would you do differently next time? _____



Do at least 1 of the following activities:

1. Cut out magazine pictures of people helping each other and create a collage for your notebook.

2. You read the story of the rich man who kept more than he needed. Think of a modern situation for this story and act it out for your group.



Step 3: Friends help each other Leaders initials _____

This is a story from the book of Acts, Chapter 9, verses 22-25.

Paul became increasingly more powerful and confounded the Jews who lived in Damascus by proving that Jesus was the Messiah. After some time had passed, the Jews plotted to kill him, but their plot became known to him. They were watching the gates day and night so that they might kill him; but his disciples took him by night and let him down through an opening in the wall, lowering him in a basket.



What was Paul teaching about? _____

How did Paul's friends help him? _____

When are some times when you would help a friend? _____

Are there some situations when you should *not* help a friend? _____





Draw a picture of Paul being lowered in the basket by his friends.

Large empty rectangular box for drawing.



Step 4: GFS is a place for Christian friendship

Leader's initials_____

GFS is called a society. That means it is a place where people can share common interests, experiences and goals. Meetings are a time when you can talk about your daily life, your problems and your joys.



In Leviticus, chapter 19 verse 18, we are commanded to "Love your neighbor as yourself". This is often called the Golden Rule. It is a very good thing to think about when you are deciding how you will behave.



What is special about meeting with other Christian girls? _____

Two horizontal lines for writing.

How does the "Golden Rule" help you with your friendships? _____

Two horizontal lines for writing.



Do one of the following activities:
1. Fill out the chart below:

	Write down some ways you can help bear another's burdens at:
Home	
Church	
School	
Community	
World	
GFS	

2. Play the "Royalty Game":

Find a piece of cloth for a cape and a crown. Act out an everyday scene, such as eating a meal together or walking to school together. Treat your partner with honor as if she is royalty. Pay close attention to what she says and be very considerate of her. Continue this game at home when you are working or playing with your family.



Step 5: Churches provide help in many ways Leader's initials_____

You know that the church is a place to worship God. You might be surprised to find that churches do many other things, too. Because Christians want to do God's work on earth, they usually start organizations that help poor and sick people. Many hospitals were started by churches.

Another way churches help others is by collecting food for the poor. Some churches help build homes for others. There are many, many different programs at churches that reach out to help people in the community.





Make a list here of the different ways your church helps people in your community.



Do 1 of the following:

1. Support one of the projects you listed above. You can give hours of service, make a poster to advertise it, make something that is needed, or raise money for it.

2. Attend your diocesan convention and visit the exhibits of different organizations within the diocese. Bring back some brochures/fliers, share them with your group and place them in your notebook.



Step 6: GFS friends pray for each other Leader's initials _____

When you have a special need, it is a good idea to ask a friend to pray for you.

You can pray for each other in a group or alone.



Whom do you pray with now? _____

Whom do you pray for? _____

Do you pray with your family or at church services? _____

Do you pray at GFS meetings? _____



and in this way

Bear one

Galations 6:2

another's burdens

you will fulfill

the law of Christ.

Rearrange the words according to the symbols and write them in the blanks provided. You will find a verse from the Bible reading.

Leader's List

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